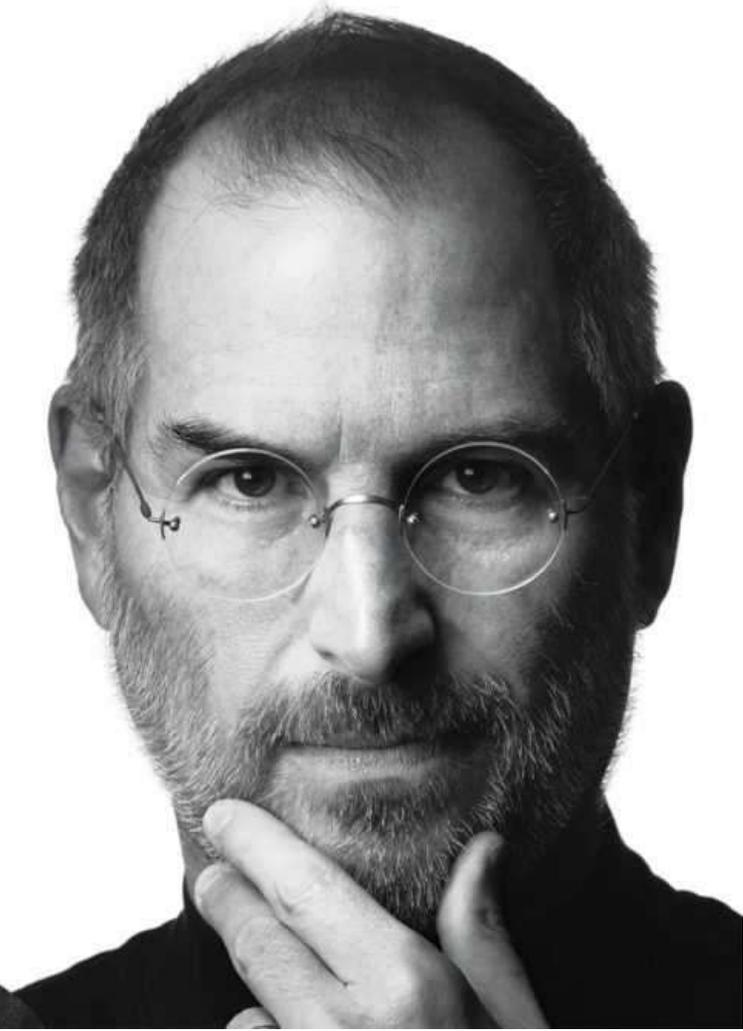
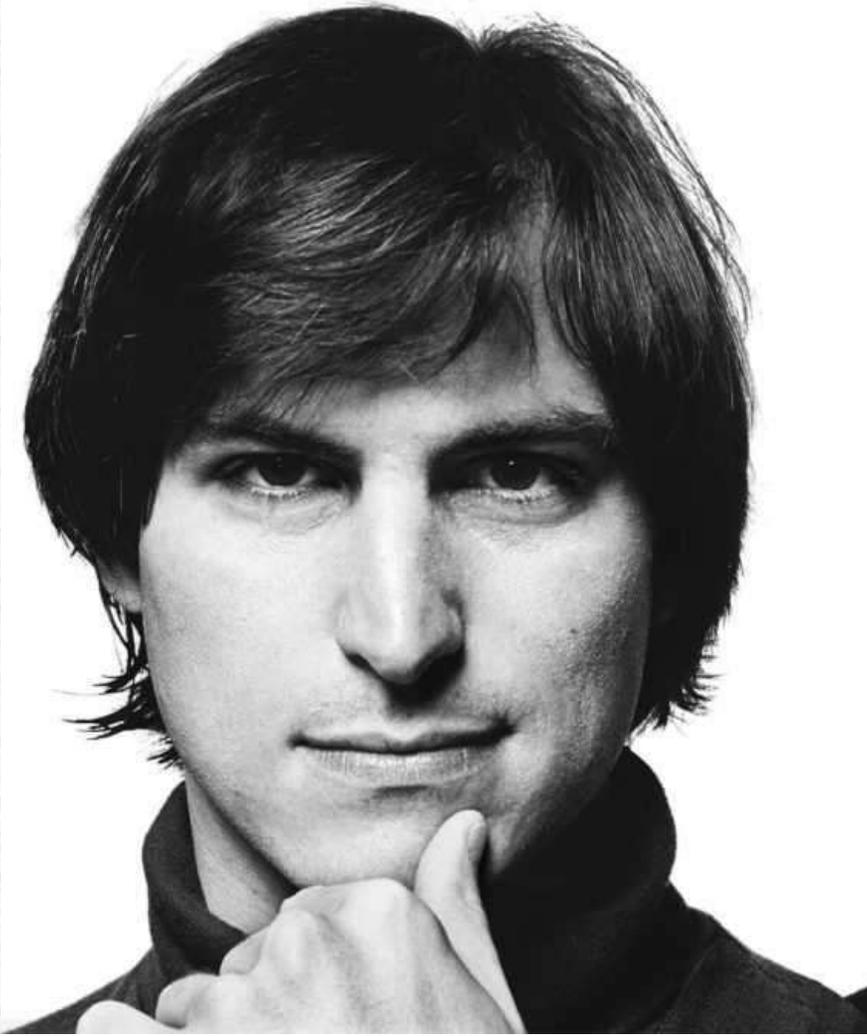




**X CONVEGNO NAZIONALE DI MONTAGNATERAPIA  
Brescia, 22 – 23 Novembre 2024**

# LA RICERCA IN MONTAGNATERAPIA

**Dr. Paolo Piergentili**



R&D

Research and Development

Alexander Fleming  
1881 - 1955



THE  
AMERICAN  
JOURNAL OF INSANITY

PUBLISHED UNDER THE AUSPICES OF  
THE AMERICAN MEDICO-PSYCHOLOGICAL ASSOCIATION

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Charles K. Clarke, M. D.

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VOLUME LXII

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"The care of the human mind is the most noble branch of medicine."—Galenus.

BALTIMORE  
THE JOHNS HOPKINS PRESS  
1905-1906

EXTENSION OF TENT TREATMENT TO ADDITIONAL  
CLASSES OF THE INSANE.<sup>1</sup>

By C. FLOYD HAVILAND, M. D.,

AND

CHESTER LEE CARLISLE, M. D.,

*Manhattan State Hospital, East, Ward's Island, New York City.*

That tent life for the care and treatment of the tuberculous insane, as inaugurated by Dr. A. E. Macdonald, Superintendent of Manhattan State Hospital East, Ward's Island, New York City, has proven eminently beneficial, as shown in the very successful results of "Camp A," there can now be no longer any room for doubt.

That the outdoor tent life has too, a remarkable effect on the demented and uncleanly class is shown also in the awakened mental processes of these unfortunate patients as observed for the last three years in "Camps B and C."

The cases so far mentioned are usually of the most dependent and helpless class. Physically, they are weak, many bedridden—and all require constant nursing and attention. Mentally, their faculties are so enfeebled that they lack all initiative and spontaneity. Their power of attention is limited, their mental content that of the immediate present, their power of association faulty, their retention defective. What concepts they may have are defective, their perceptions obtuse, their ideation a tissue of vague delusions, long of the past, now fading as dementia advances. Their conversation is rambling and incoherent, their deductions fatuous and illogical, their demeanor sullen, apathetic or childishly elated, as the case may be. Many live lives of simple moria.

But another class of patients needs to be accounted for, when considering the effects of outdoor life on the insane. These are the convalescents, those who are on the threshold of the outside world about ready to step back into their accustomed avocations,

<sup>1</sup>Read at the Sixtieth Annual Meeting of the American Medico-Psychological Association, St. Louis, Mo., June, 1904.

# *Passo dopo passo*

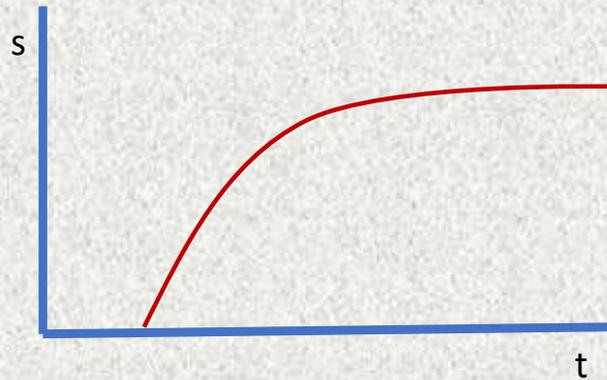
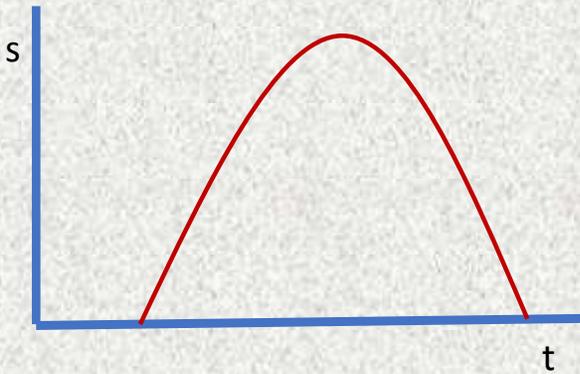
*Studi «conoscitivi»*



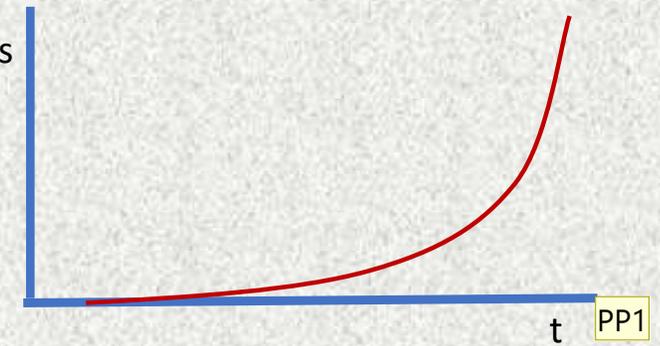
- L“essere” in quanto essere umano,, Jaspers
- Ruolo di ognuno nel contesto sociale, Husserl
- Il corpo e le sue espressioni, Binswanger
- Esistenzialismo, Sartre e Merleau-Ponty
- Critica al potere istituzionale, Foucault
- Incontro autentico con l’altro, Laing
- Comunità e cura di Maxwell,
- Altri



Franca Ongaro, 1928 - 2005  
Franco Basaglia, 1924 - 1980



s severità  
t tempo



**Diapositiva 9**

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**PP1**

PAOLO PIERGENTILI | 06/10/2024

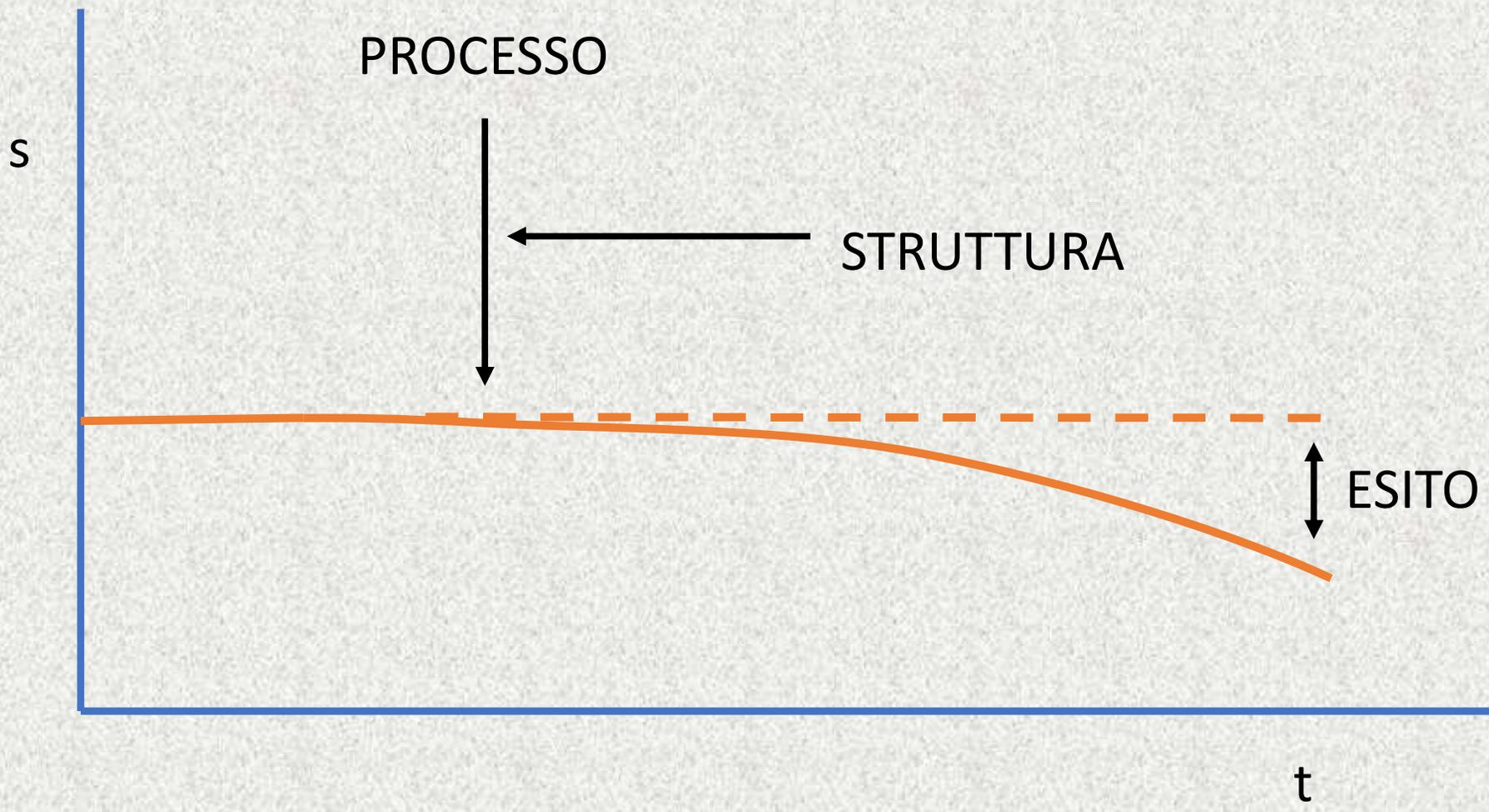


Avedis Donabedian, 1919 - 2000

**STRUTTURA**

**PROCESSO**

**ESITO**



# *PROCESSO* IN MT

- Piano Terapeutico Riabilitativo Individuale
- Ambiente vs Attività Fisica
- Ruolo dei Volontari
- Solo montagna?
- .....

# *STRUTTURA* IN MT

- Analisi *Costi/Benefici*
- *Qualità e quantità* delle risorse
- .....

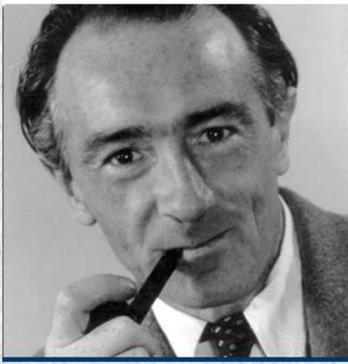
# *ESITO* IN MT

- Analisi **Costi/Benefici**
- **Scale** di valutazione
- Studi **caso/controllo** o di **coorte**
- **Evidenze** in MT
- .....



## LIVELLI DI PROVA (CEVEAS)

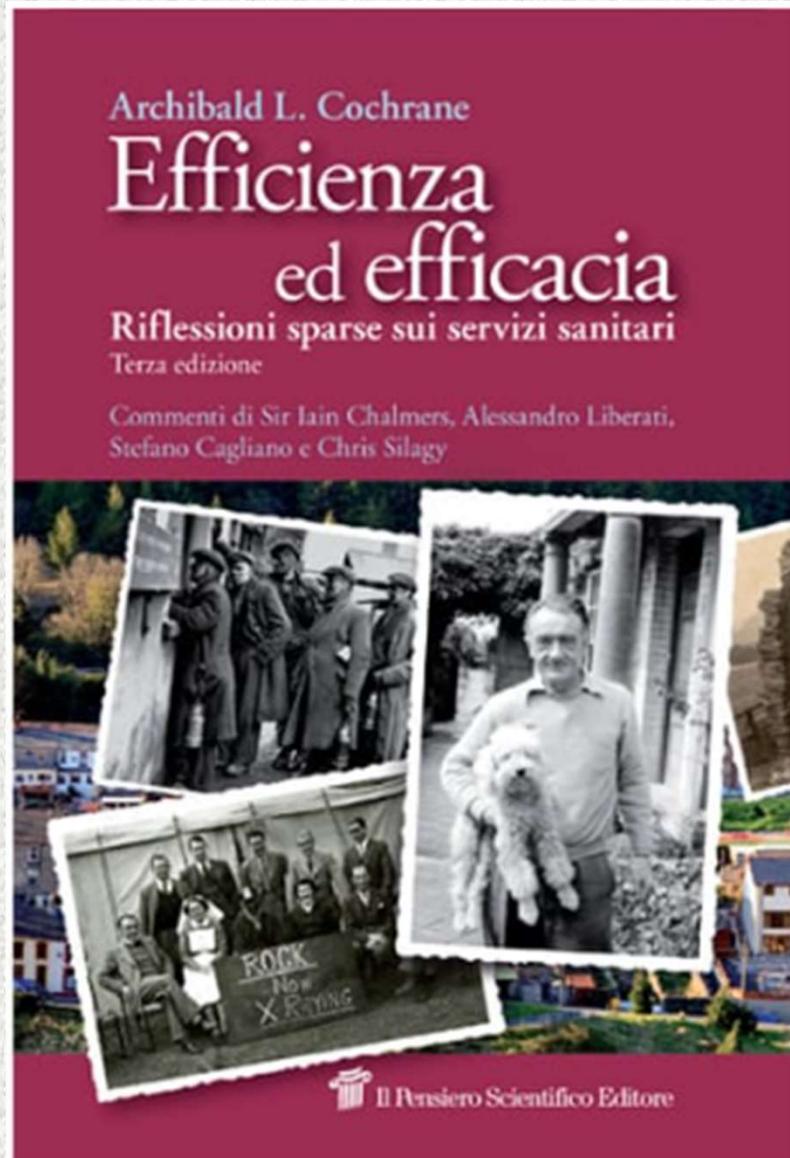
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<b>III</b>	Prove ottenute da studi di coorte non randomizzati con controlli concorrenti o storici o loro metanalisi.
<b>IV</b>	Prove ottenute da studi retrospettivi tipo caso-controllo o loro metanalisi.
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Archibald Cochrane  
1909 - 1988



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‘ndo co **X**, cojo?

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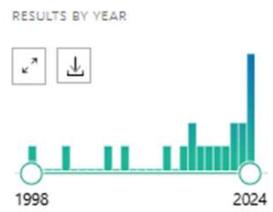
Basic Local Alignment Search Tool



Search box containing "outdoor addiction health care" with a search button and links for "Advanced", "Create alert", "Create RSS", and "User Guide".

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19 results Page 1 of 2

- 1 **Factors that influence participation in physical activity for people with bipolar disorder: a synthesis of qualitative evidence.**  
Cite: McCartan CJ, Yap J, Best P, Breedvelt J, Breslin G, Firth J, Tully MA, Webb P, White C, Gilbody S, Churchill R, Davidson G.  
Share: Cochrane Database Syst Rev. 2024 Jun 4;6(6):CD013557. doi: 10.1002/14651858.CD013557.pub2. PMID: 38837220 Review.  
Involving mental **health** professionals in the multidisciplinary delivery of physical activity interventions could be beneficial and improve **care**. ...The research highlighted the important role that **health** and **care** settings, and professionals, can play i ...
- 2 **A transdiagnostic group exercise intervention for mental health outpatients in Germany (ImPuls): results of a pragmatic, multisite, block-randomised, phase 3 controlled trial.**  
Cite: Wolf S, Seiffer B, Zeibig JM, Frei AK, Studnitz T, Welkerling J, Meininger E, Bauer LL, Baur J, Rosenstiel S, Fiedler DV, Helmhold F, Ray A, Herzog E, Takano K, Nakagawa T, Günak MM, Kropp S, Peters S, Flagmeier AL, Zwanzleitner L, Sundmacher L, Ramos-Murguialday A, Hautzinger M, Sudeck G, Ehring T.  
Share: Lancet Psychiatry. 2024 Jun;11(6):417-430. doi: 10.1016/S2215-0366(24)00069-5. Epub 2024 Apr 23. PMID: 38670127 **Free article.** Clinical Trial.  
Treatment-as-usual was representative of typical outpatient **health care** in Germany, allowing patients access to any standard treatments. The primary outcome was global symptom severity at 6 months after randomisation, measured using self-report on the Brief Symptom ...
- 3 **Industry self-regulation of alcohol marketing: a systematic review of content and exposure research.**  
Cite: Noel JK, Babor TF, Robaina K.  
Share: Addiction. 2017 Jan;112 Suppl 1:28-50. doi: 10.1111/add.13410. Epub 2016 Oct 11. PMID: 27188217 Review.  
Non-peer-reviewed reports produced by public **health** agencies, alcohol research centers, non-governmental organizations and government research centers were also identified. ...Of the 57 studies of



Articoli

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Dal 2024

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Intervallo specifico...

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Crea avviso

[LIBRO] [Community mental health care: a practical guide to outdoor psychiatry](#)

M Salter, T Turner - 2008 - [books.google.com](#)

... underfunding of community **psychiatry** at once recognised the resource implications of these measures, yet any commitment to spend more on mental **health care** was absent from the ...

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[HTML] [The importance of the outdoor environment for the recovery of psychiatric patients: a scoping review](#)

M Hjort, M Mau, M Høj, KK Roessler - ... [Research and Public Health](#), 2023 - [mdpi.com](#)

... **psychiatric** services. We need to know, for example, whether the **outdoor** environment of a **psychiatric** ... illnesses, or whether attractive **outdoor** surroundings can support links between ...

☆ Salva Cita Citato da 3 [Articoli correlati](#) [Tutte e 13 le versioni](#)

[HTML] [mdpi.com](#)

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[Outdoor mental healthcare: What, who, why and where to?](#)

AL Neil, A Pryor, J Kneebone, EJ Flies... - ... [Psychiatry](#), 2023 - [journals.sagepub.com](#)

... about the field of **outdoor** mental **healthcare** through the exploration of a ... **outdoor** mental **healthcare** for the Australian **healthcare** system? Internationally, **outdoor** mental **healthcare** has ...

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[An assessment of outcomes in outdoor behavioral healthcare treatment](#)

K Russell - [Child and Youth Care Forum](#), 2003 - [Springer](#)

... This was also led to the establishment of OBHIC in 1996 to develop standards of **care** in **outdoor** treatment. In a recent survey of more than 100 OBH programs, 88% are currently ...

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Articoli

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Articoli scientifici

 includi brevetti includi citazioni Crea avviso**[PDF] Dentro la montagna terapia: storia, radici, strumenti**G Scoppola - **Montagnaterapia e Psichiatria**, Contributi teorici al ..., 2006 - **montagnaterapia.it**

Una tale esperienza formativa è stata pensata per gli operatori dei servizi pubblici, del privato sociale e del volontariato (nel campo della Salute Mentale). Essa si è riproposta di ...

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# UN PROGETTO DI RICERCA

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- Popolazione / campionamento
- Studi multicentrici
- Protocolli
- Raccolta dati
- Aspetti etici
- Riservatezza dei dati

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## LA RICERCA IN MONTAGNATERAPIA

Idee? Proposte?



**X CONVEGNO NAZIONALE DI MONTAGNATERAPIA  
Brescia, 22 – 23 Novembre 2024**

**Grazie!**

***Paolo***